## V ENCARE 2018 CUIDAR PROJECT FEEDBACK EVENT / WEGO

" Care is more than an act; it is an attitude. Hence, it becomes more than just a fleeting moment of attention. It represents an attitude of engagement, of concern, of responsibility and of emotional involvement with the other."

~ Leonardo Boff



Photo: L. Mintz

June, July and August were months of preparation and participatory planning between WIEGO and Redesol for the V Encare so that it would reflect the network's annual efforts, knowledge building and achievements. Various meetings were also held with the group of arteducators Parangolé, composed of artists and popular educators.





August 25<sup>th</sup>,2018 :

Waste pickers and partners arriving at the event is a moment for catching up and of great joy!



## Freshly prepared breakfast awaited the participants.



Waste pickers received materials for the event and a pair of new protective gloves.



Several Redesol cooperatives and networks from the state of Minas Gerais were present at the V Encare. It was also a moment for Redesol to discuss its Project Novo Ciclo, which involves partners such as Danone Ecosysteme, Avina Foundation, IRR and the local NGO Insea.



Foto: D. Cota

WIEGO teamed up with VINA Engenharia, who produced recycled clipboards made of recycled computer boards from Coopemar cooperative and wallets made of reused banners.



Cooks from a solidarity economy enterprise prepared the meals for the entire event.



Photo: L .Mintz

Waste pickers getting ready for the interreligious moment that opened the event.





Ivaneide Souza, president of Redesol and Comarp, welcomes the participants and emphasizes how important it is to take advantage of this moment to deeply reflect on the health of Redesol's waste pickers.



Parangolé Group calls on everyone to participate with great enthusiasm during the event.



A hundred and ten participants say they are ready for a day of learning, reflections and group activities.



Sonia Dias, coordinator of the Cuidar Project highlights the history of the project's participatory design and objectives of the health risk mapping in five cooperatives.



Photo: D. Cota





Foto: L. Mintz

Parangolé Group presents key findings on body pains and illnesses with live body maps.



Waste picker is invited to validate findings and discusses where men waste pickers feel most pain.



Fabiana Goulart, a Cuidar Project researcher, presents more findings from the project. She focuses on the increased use of some protective equipment at cooperatives.



Based on Cuidar Project findings, Parangolé presents a skit on the strategies waste pickers use to avoid accidents and risks while they sort through materials.



Waste pickers enjoy the skit, used as a way to encourage more critical reflections on daily issues that affect waste pickers' health in cooperatives.



Photo: L. Mintz

Fabiana Ovídio, president of Associrecicle, reflects on the Project: "The Cuidar Project was really good for us at the association. Because those that know me, know that I always carry around tupperware with food, that I'm always going to the kitchen to make something. So then I asked the group: why don't we improve our eating habits? And each member started to think that if one person is improving his/her habits, h/she should too. So I asked if we shouldn't do it together. When I get to the association, now they all ask: what are we having for lunch?"



Photo: L. Mintz

## Marli Beraldo, president of Acamares cooperative, stresses the difficulties of being a waste picker and leader: "We need to be aware of the fact our work is about generating income and social inclusion. We have insomnia [...] with each delay in our payment, [...] with each waste picker that leaves the association, we get ruined."



Photo: L. Mintz

Anderson Viana, president of Unicicla, discusses how data from the Cuidar Project helped strengthen the cooperative's demands in negotiations with the municipality.



Waste pickers receive the summary of key findings from the Cuidar Project. In small groups, they reflect on how to improve discussions on health within their cooperatives.



Waste pickers from Redesol and other networks present their ideas for improving the health of waste pickers.



Vilma Estevam, from the Cataunidos network, shares her impressions: "There is no differen<u>ce</u> between waste pickers in **Redesol** and those from Cataunidos. The problems and challenges are the same."



In addition to the summary of key findings from the Cuidar Project, all cooperatives received a poster with suggestions for how to create a healthier work environment.



Waste pickers list all the learnings from the day: knowledge, use of protective equipment, ergonomics, taking care of one's health, solidarity, more unity, need for social protection, more transparency, amongst others.



Cuidar Project team ends this phase of the project, recognizing the need to carefully reflect on the demands brought forth during the day.



"Nobody frees anybody else, nobody is freed alone. People free themselves together." ~ Paulo Freire



The Cuidar Project was a process of co-production of knowledge that was only possible thanks to:

The full engagement of Redesol in the elaboration, implementation and evaluation of the Project, as well as in the planning of the feedback event. Our thanks to Redesol's board of directors, all of the cooperatives and the event's coordination team: Neide, Marli, Silvana, Diego and Emanuela.

The Catunidos network, especially Madalena Duarte and Dona Geralda, for the initial discussions on waste pickers' health that helped shape the design of the Cuidar Project.

The dedication of the Project researchers - Fabiana Goulart and Juliana Gonçalves.

The collaboration of researchers Marcos Mol and Priscilla Neves, who sat on our consultative committee and represented FUNED and FIOCRUZ respectfully.

The Parangolé Group for the art-mobilization of the event and to Vina Social for contributing with recyclable prizes for the event.

The best dream is the one envisioned together! Sonia Dias and Ana Carolina Ogando